



Diabetic Instruction for Colonoscopy Preparation

Bowel cleansing preparation can lead to dehydration and fluctuations in blood sugar levels. As such, it may be important to alter your diabetic medications prior to the procedure preparation in order to prevent low blood sugar and dehydration.

NO CHANGE TO: Actos (Pioglitazone), Avandia (Rosiglitazone), Precose (Acarbose)

DO NOT TAKE THE DAY PRIOR/DAY OF COLONOSCOPY: Januvia, Metformin (Glucophage), AvandaMet, JanuMet – Resume medication after speaking with Dr. Coronel.

TAKE HALF OF THE NORMAL DOSE:

- If you take any injectable insulin such as Lantus, Levemir, Exubera, NPH then take Half of the dose on the day of preparation and the day of the procedure until you start eating normally.
- If you take Amaryl (Glimeperide), Glucotrol (Glipizide), Starlix (Nateglinide), Prandin (Repaglinde) then Take HALF dose on the day of preparation and the day of the procedure until you start eating normally.

Your blood sugar level may run somewhat higher or lower during this time, but it is not a cause for concern over the short term. If you experience low blood sugar, you may drink clear juice or suck on some hard candy. It is recommended that you do consume some juices to keep your energy up and have some broth to maintain your electrolytes to prevent feeling lightheaded.

Your Endocrinologist or Primary Care provider are available to clarify any specific details to any questions you may have in regard to the preparation. In addition, please feel free to contact the office with any questions.