



**EAST END GASTROENTEROLOGY & HEPATOLOGY**

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**COLO**

**ENDO**

**COLO/ENDO**

**PATIENT:** \_\_\_\_\_ **DATE SCHEDULED:** \_\_\_\_\_

\_\_\_\_\_ **APPOINTMENT TIME:** \_\_\_\_\_ **ARRIVAL**

**TIME:** \_\_\_\_\_

**PLACE: 496 County Road 111, Building D Suite 2 Manorville, NY 11949**

**Directions to our Manorville Location:**

**GPS / GOOGLE MAPS – for address Put in CVS in MANORVILLE**

**From Points West Via LIE:** Take the LIE to Exit 70, County Road 111 toward Manorville/Eastport. At the intersection turn right onto CR 111. Proceed to the entrance to the PBMC buildings in the CVS shopping center and turn right. Building D is the second building on the right. The Suite 2 entrance is on the right side, to the back of the building.

**From Points East Via LIE:** Take the LIE to Exit 70, County Road 111 toward Manorville/Eastport. At the intersection turn left onto CR 111. Proceed to the entrance to the PBMC buildings in the CVS shopping center and turn right. Building D is the second building on the right. The Suite 2 entrance is on the right side, to the back of the building.

**PLEASE NOTE:**

**PATIENTS THAT CANCEL WITH LESS THAN 72 HOURS  
NOTICE WILL INCUR A \$100 CANCELLATION FEE**

## ERCP INSTRUCTIONS

You have been scheduled for a ERCP (Endoscopic Retrograde Cholangio-Pancreatography). This information sheet will inform you of how to best prepare for the procedure. If there are any questions remaining after reading these instructions, please call our office. If you are unable to keep your appointment, please give us at least 72 hours notice.

### IMPORTANT NOTES:

1. **You must arrange to have someone accompany you for the procedure. You will not be allowed to drive home, and you may not drive for the rest of the day. On the day of the procedure, if you arrive without someone to take you home, your procedure will not be done.**
2. **You cannot go to work the day of the procedure.**
3. **If you take any blood thinners such as Coumadin, Plavix, Effient, or Pradaxa on a daily basis, you must notify the Doctor immediately. These medications may need to be discontinued prior to your colonoscopy.**
4. **You must thoroughly read the instructions on the following pages.**

### ERCP INFORMATION:

ERCP is a procedure that enables the physician to the bile duct and pancreatic ducts using a flexible endoscope and a variety of specialized tools. The procedure is usually performed with you lying flat on your abdomen with your head turned to the right side. The procedure is generally performed by a board certified anesthesiologist administering "General Anesthesia" whereby after placement of an IV (intravenous catheter), medicine is given and you are placed temporarily on a breathing machine for the duration of the procedure. Once you are asleep, the duodenoscope (a special ERCP scope) is advanced to the first part of the small intestine and the "papilla" (a small projection where the bile and pancreatic ducts drain secretions into the intestine) is identified. A small catheter and guidewire is inserted into the bile duct and/ or the pancreatic ducts and used to inject contrast and obtain fluoroscopic (x-ray) images. This images are used to determine the anatomy of the ducts and to look for any abnormalities such as bile duct stones or strictures (narrowed areas). A sphinterotomy ( a small internal cut used to widen the opening of the bile or pancreatic ducts) can be made using the catheter. Therapies to remove suspected stones can be performed including lithotripsy (crush stones) and balloon catheter extraction. Strictures (narrowed portions of the ducts) can be treated by obtaining tissue samples through "brushing" or placement of stents (plastic or metal tubes used to hold open the ducts).

The **benefits** of the procedure include the ability to evaluate liver, biliary and pancreatic abnormalities including the treatment of Jaundice and pain, obtain biopsies and brushings, and remove bile duct stones. Although ERCP is a safe procedure, complications can occur. The **Risks** include, but are not limited to, **Pancreatitis** which is inflammation of the pancreas characterized by abdominal pain and nausea and is usually self limiting with IV fluids and rest but on occasion can be severe, **Bleeding** which can occur after biopsy therapy and generally stops on its own but on occasion may require blood

transfusion, repeat endoscopy, hospitalization and/or surgery ; Perforation which is a puncture or tear in stomach or intestinal wall which may require hospitalization, surgery and may be serious complication that can even cause death; Reaction to sedation which very rarely some patients develop low blood pressure, irregular heartbeat or difficulty breathing.

**DAY BEFORE PROCEDURE:** (If your procedure is on a Wednesday, this would mean midnight Monday which is start of Tuesday)

**1. HAVE NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE THE TEST, NOT EVEN WATER!**

**2. You should take your blood pressure and heart medications early in the morning with a small sip of water.** If you are diabetic, please see diabetic instruction sheet or call the office for any questions.

**WHAT TO EXPECT FOLLOWING THE PROCEDURE:**

1. You may experience a mild sore throat, which should slowly improve.
2. You may feel sleepy for an hour or two after the procedure due to medications you will receive for the procedure.
3. You may burp as a result of the air being instilled into the stomach during the procedure.
4. Please alert the doctor if you feel severe abdominal pain, as this may be a sign of pancreatitis or something more serious.