



# **EAST END GASTROENTEROLOGY & HEPATOLOGY**

287 Wading River Road, Unit 2, Manorville, NY 11949 • 715 Roanoke Avenue, Riverhead, NY 11901  
Tel: 631-591-3000 • Fax: 631-591-1734

## **COLONOSCOPY WITH SUFLAVE**

**PATIENT:** \_\_\_\_\_

**DATE SCHEDULED:** \_\_\_\_\_ **ARRIVAL TIME:** \_\_\_\_\_

**Location: 287 Wading River Road Unit 2, Manorville N.Y. 11949**

**Phone: 631-591-3000 Fax: 631-591-1734**

You have been scheduled for a colonoscopy. This information packet will inform you of how best to prepare for your procedure. If there are any questions remaining after reading the packet, please call the office at 631-591-3000.

### **Important Notes:**

1. You must arrange to have someone accompany you for the procedure. You will **NOT** be allowed to drive home, and you may **NOT** drive for the rest of the day. On the day of the procedure, if you arrive without someone to take you home, your procedure will be cancelled. **DRIVERS MUST CHECK IN AT THE FRONT DESK.**
2. You cannot go to work on the day of the procedure.
3. If you take any **BLOOD THINNERS** such as **Coumadin, Plavix, Effient, or Pradaxa** daily, you must notify the provider immediately. **You may need to hold these medications 48 hours prior to procedure.**
4. If you take any **GLP-1 MEDICATIONS** such as **Ozempic, Zepbound, Wegovy, Semaglutide**, please hold for **1 week prior.**
5. If you take any diabetic medications, please refer to the last page in the packet regarding your medication.

**Patients that cancel/no show with less than 72 hours' notice will incur a \$200 Cancellation fee.**



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## **HOW TO FIND OUR OFFICE:**

**When using GPS/Waze etc. Make sure to enter WADING RIVER ROAD and NOT Wading River Manor Road.**

**From LIE Heading East:** Take the LIE to exit 69, south on Wading River Road, continue south over south street. Head south towards Sunrise Highway. Manorville Square is located on the left-hand side of Wading River Road before Sunrise Highway, diagonally from The Petting Zoo. We share the same parking lot as LI Urgent Care.

**From LIE Heading West:** Take the LIE to Exit 69, make a left onto Wading River Road, continue south over South Street heading towards Sunrise Highway, Manorville square is located on the left-hand side of Wading River Road across from the Animal Farm Petting Zoo.

**From Sunrise Highway West:** Take Sunrise Highway to Exit 59, we are located in the same parking lot as LI Urgent care right off Sunrise North Service road located behind the Mobil Gas station.

**From Sunrise Highway East:** Take Sunrise Highway Exit 59, for Wading River Road/ County Rd 25 towards Center Moriches. Make a left at Wading River Road light ( 7 eleven will be on your right) Cross over Sunrise Hwy Bridge, Mobil Gas Station will be on the right. Manorville Square entrance will be on the right-hand side.



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## **ONE WEEK PRIOR TO PROCEDURE CHECKLIST:**

- Pick up your prep at your pharmacy or confirm Shipment to your home from the specialty pharmacy.
- Arrange for someone to drive you home from your procedure.
- If you cannot arrange a driver, a Taxi or Uber is fine, please notify the office prior to procedure. You will **NOT** be allowed to drive home.
- Stop any vitamins containing iron and / or supplements.

## **THREE DAYS PRIOR TO PROCEDURE:**

- Please limit intake of corn, celery, lettuce, nuts and seeds as these are poorly digestible and often leave residue in the colon and can interfere with exam visualization.

## **DAY BEFORE PROCEDURE:**

**When you wake up, begin your clear liquid diet, NO solid foods at all.**

The following liquids ARE allowed:

Water	Seltzer	Sprite
Apple Juice	Crystal Light	Green Tea
White Grape Juice	Mountain Dew	White Tea
Bouillon	Ginger ale	Chinese Broth
Gatorade (Not Red,Purple)	Coffee ( NO Dairy)	Tea
Italian Ices	Jello	Ice Pops

**\*NO RED OR PURPLE DYES \*NO MILK OR DAIRY PRODUCTS \*NO PULP, SEEDS OR GUM**

**NO EXCEPTIONS, ONLY HAVE WHAT IS ON THIS LIST UNLESS ADVISED OTHERWISE.**



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## **BEGINNING YOUR PREP:**

- The first dose of Sutab will start the evening prior to your procedure at \_\_\_\_\_ on \_\_\_\_\_.
- Open 1 bottle of the prefilled Suflave prep. Fill with water or any clear liquids to the fill line. After capping the bottle, gently shake the bottle until all powder is mixed well (dissolved). For the best taste, refrigerate the solution for an hour before drinking. Do NOT freeze, Use within 24 hours.
- Drink 8 ounces of the Suflave prep every 15 minutes until the bottle is empty.
- Drink an additional 16 ounces of clear liquids during the evening before bed.

## **THE SECOND DOSE OF YOUR PREP:**

- The second dose of Suflave will start at \_\_\_\_\_ on \_\_\_\_\_.
- You will repeat the steps above with the clear liquids and prefilled Suflave bottle.
- **Do not drink anything at least 2 hours prior to your procedure.**

Inside the Suflave box there is a flavor packet that is provided, you can use that if you are using water, but do not feel obligated to do so.

Due to the anticipated large volume of diarrhea, you can use baby wipes for cleaning and the use of Destin or Vaseline for skin protection.

Do NOT omit any part of the preparation. A poor preparation may cause a polyp or cancer to go undetected.